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# The Journals Of May Sarton Volume One: Journal Of A Solitude, Plant Dreaming Deep, And Recovering



## Synopsis

Now in one volume: Three exquisite meditations on nature, healing, and the pleasures of the solitary life from a New York Timesâ “bestselling author. In a long life spent recording her personal observations, poet, novelist, and memoirist May Sarton redefined the journal as a literary form. This extraordinary volume collects three of her most beloved works. Â Journal of a Solitude: Sartonâ ™s bestselling memoir chronicles a solitary year spent at the house she bought and renovated in the quiet village of Nelson, New Hampshire. Her revealing insights are a moving and profound reflection on creativity, oneness with nature, and the courage it takes to be alone. Â Plant Dreaming Deep: Sartonâ ™s intensely personal account of how she transformed a dilapidated eighteenth-century farmhouse into a home is a loving, beautifully crafted memoir illuminated by themes of friendship, love, nature, and the struggles of the creative life. Â Recovering: In this affecting diary of one yearâ ™s hardships and healing, Sarton focuses on her sixty-sixth year, which was marked by the turmoil of a mastectomy, the end of a treasured relationship, and the loneliness that visits a life of chosen solitude. Â By turns uplifting, cathartic, and revelatory, Sartonâ ™s journals still strike a chord in the hearts of contemporary readers. Through them, in the words of the Los Angeles Times, â œwe are able to see our own experiences reflected in hers and we are enriched.â •

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